



A Toastmaster's Promise

Time allocation: 1 minutes

This will be your first (or one of your first) roles as a Toastmaster. The purpose is to provide you with a safe opportunity to speak at your first meeting as a Toastmaster, and reiterate the promise you made when joining the club. Additionally, our members are also reminded of their promise too.

You can print this and set it on the lectern, off to one side. When you are reading, it is important that you also maintain eye contact with the audience. It is recommended that you read a line, make eye contact while you pause, and then continue to read the next line. Always remembering your audience.

This is a mini-speech. You can start your assignment by explaining the purpose of the club mission. For example, you might say something like (in your own words):

“Fellow Toastmasters and Guests – I’m looking forward to being a part of Sydney Speakers Toastmasters Club, and I would like to remind us all of the Toastmasters Promise that we all agreed to when joining the club”

As a member of Toastmasters International and Sydney Speakers Toastmasters club, I promise:

- To attend club meetings regularly
- To prepare all my projects to the best of my ability
- To prepare for and fulfill meeting assignments
- To provide fellow members with helpful, constructive evaluations
- To serve my club as an officer when called upon to do so

Further, I promise to act within Toastmasters' core values of integrity, respect, service and excellence during the conduct of all Toastmasters activities.

When you have completed the reading, you will hand it back to the chairperson. You can say something like “This concludes my assignment”, “Back to you Mr/Madam Chairperson”, or something similar.